WHAT IS THE PROPER WAY TO DISPOSE OF PRESCRIPTION MEDICATIONS?

According to the Federal Guidelines from The Office of National Drug Control Policy the following should be done to dispose of medications properly.

- Take unused, unneeded, or expired prescription drugs out of their original containers and throw them in the trash.
- Mixing prescription drugs with an undesirable substance, such as used coffee grounds or kitty litter, and putting them in impermeable, non-descript containers, such as empty cans or sealable bags; will further ensure the drugs are not diverted.
- Flush prescription drugs down the toilet *only* if the label or accompanying patient information specifically instructs doing so.

The FDA advises that the following drugs be flushed down the toilet instead of thrown in the trash:

Actiq (fentanyl citrate)

Daytrana Transdermal Patch (methylphenidate)

Duragesic Transdermal System (fentanyl)

OxyContin Tablets (oxycodone)

Avinza Capsules (morphine sulfate)

Baraclude Tablets (entecavir)

Reyataz Capsules (atazanavir sulfate)

Tequin Tablets (gatifloxacin)

Zerit for Oral Solution (stavudine)

Meperidine HCI Tablets

Percocet (Oxycodone and Acetaminophen)

Xyrem (Sodium Oxybate)

Fentora (fentanyl buccal tablet)

Note: Patients should always refer to printed material accompanying their medication for specific instructions.